

Staff restaurant Eldora - Glencore Giardino / Giardino

Monday, 13. May	Tuesday, 14. May	Wednesday, 15. May	Thursday, 16. May	Friday, 17. May
SOUP    Carrot mango soup with coconut milk and spring onions <i>approx 185.8 cal.</i>	SOUP  Vegetable soup with white beans, pasta, pistou and grated cheese <i>approx 185.0 cal.</i>	SOUP  Onion cream soup with thyme and croutons <i>approx 172.6 cal.</i>	SOUP    Vegan courgettes soup <i>approx 63.6 cal.</i>	SOUP   Vegetable cream soup <i>approx 82.9 cal.</i>
3.50	3.50	3.50	3.50	3.50
TRADITIONAL Coq au vin Geschmorter Pouletschenkel mit Rotwein, Gemüse, Silberzwiebeln und Croûtons Pilaf rice <i>approx 842.9 cal. / Chicken: Switzerland</i>	TRADITIONAL  Smoked pork roast Mustard Lyonnaise potatoes Sauerkraut <i>approx 600.5 cal. / Bacon (Pork): Switzerland, Pork: Switzerland</i>	TRADITIONAL   Smart Eating – Indian Chicken Malabar Chicken thigh ragout with Malabar curry sauce Cauliflower rice Kachumber salad Yoghurt, coriander and peperoncini <i>approx 581.3 cal. / Chicken: Switzerland</i>	TRADITIONAL Bacon Cheese Burger Eldora Maize chilli bun, beef patty, bacon, cheddar cheese, chipotle mayonnaise, lettuce French fries <i>approx 1351.4 cal. / Burger (beef): Switzerland, Bacon (Pork): Switzerland</i>	TRADITIONAL  Gambas al coco Breaded shrimps with mango salsa Egg fried rice Mung bean sprouts <i>approx 736.6 cal. / Shrimps: Vietnam</i>
INT CHF 15.00 / EXT CHF 20.00	INT CHF 15.00 / EXT CHF 20.00	INT CHF 15.00 / EXT CHF 20.00	INT CHF 15.00 / EXT CHF 20.00	INT CHF 15.00 / EXT CHF 20.00
VEGI   Asparagus and potato casserole with dried tomatoes, mountain cheese and fried egg Marinated wild herb salad <i>approx 613.7 cal.</i>	VEGI   Smart Eating – Indian Indian frittata with roti bread, paneer cheese, mango chutney, spinach, yoghurt and cashew nuts served with white cabbage and papaya salad <i>approx 561.6 cal.</i>	VEGI  Trofie alle fave e ortica with fava beans, peas, nettles, cream cheese, onions and garlic <i>approx 749.0 cal.</i>	VEGI    Smart Eating – Indian Tikka masala dal Chickpea and lentil dal with vegetables Soya yoghurt raita with mint Tandoori cauliflower and mini naan bread <i>approx 599.9 cal.</i>	VEGI   Breaded aubergine escalope Aioli piccante Fried potatoes with olives and bell peppers Leaf spinach <i>approx 661.2 cal.</i>
INT CHF 15.00 / EXT CHF 20.00	INT CHF 15.00 / EXT CHF 20.00	INT CHF 15.00 / EXT CHF 20.00	INT CHF 15.00 / EXT CHF 20.00	INT CHF 15.00 / EXT CHF 20.00
WEEKLY SPECIAL   Beef Chow Fun Cantonese rice noodle dish with beef, bean sprouts and spring onions Pak-choi with sesame and chili <i>approx 810.6 cal. / Beef: Switzerland</i>	WEEKLY SPECIAL   Beef Chow Fun Cantonese rice noodle dish with beef, bean sprouts and spring onions Pak-choi with sesame and chili <i>approx 810.6 cal. / Beef: Switzerland</i>	WEEKLY SPECIAL   Beef Chow Fun Cantonese rice noodle dish with beef, bean sprouts and spring onions Pak-choi with sesame and chili <i>approx 810.6 cal. / Beef: Switzerland</i>	WEEKLY SPECIAL   Beef Chow Fun Cantonese rice noodle dish with beef, bean sprouts and spring onions Pak-choi with sesame and chili <i>approx 810.6 cal. / Beef: Switzerland</i>	WEEKLY SPECIAL   Beef Chow Fun Cantonese rice noodle dish with beef, bean sprouts and spring onions Pak-choi with sesame and chili <i>approx 810.6 cal. / Beef: Switzerland</i>
INT CHF 18.00 / EXT CHF 23.00	INT CHF 18.00 / EXT CHF 23.00	INT CHF 18.00 / EXT CHF 23.00	INT CHF 18.00 / EXT CHF 23.00	INT CHF 18.00 / EXT CHF 23.00
DESSERT  Carrot cake <i>approx 234.5 cal.</i>	DESSERT    Fruit salad <i>approx 54.0 cal.</i>	DESSERT   Piña Colada cream <i>approx 262.5 cal.</i>	DESSERT   Strawberry mousse with cream <i>approx 246.9 cal.</i>	DESSERT  Grisons nut trifle <i>approx 433.6 cal.</i>
3.50	3.50	3.50	3.50	3.50

Opening hours: Monday - Friday: 07.00 - 16.00, lunch service: 11.30 - 14.00. | All prices in CHF incl. VAT. Legend Icons: Gluten free, lactose free, vegetarian (1 leaf), vegan (2 leaves), Smart Eating
 In each menu is included: a menu salad or soup or dessert.