Staff restaurant Eldora - Glencore Green Market Bistro / Green Market Bistro

Monday, 05. May	Tuesday, 06. May	Wednesday, 07. May	Thursday, 08. May	Friday, 09. May
SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
Due to a public holiday the restaurant will be closed today.	Daily fresh raw vegetable and green salads with various toppings and dressings	Daily fresh raw vegetable and green salads with various toppings and dressings	Daily fresh raw vegetable and green salads with various toppings and dressings	Daily fresh raw vegetable and green salads with various toppings and dressings
pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50
HOT SANDWICH	HOT SANDWICH	HOT SANDWICH	HOT SANDWICH	HOT SANDWICH
Maggia ciabatta filled with Pastrami, gruyère, cabbage, butter, mustard and lollo rosso approx 654.7 cal. / Beef: Switzerland	Spelt ciabatta filled with Brie, tomato pesto, walnuts, butter and spinach approx 999.5 cal.	Focaccia filled with Black Forest ham, mountain cheese, horseradish and apple approx 775.3 cal. / Ham (pork): Germany	Maggia ciabatta filled with Grilled courgettes, free-range egg, tomato pesto and rocket approx 618.4 cal.	Spelt ciabatta filled with Jerk salmon, pea guacamole, yoghurt dip and baby spinach approx 521.2 cal. / Salmon: Norway
9.80	9.80	9.80	9.80	9.80
DAILY SALAD SPECIAL	DAILY SALAD SPECIAL &	DAILY SALAD SPECIAL	DAILY SALAD SPECIAL	DAILY SALAD SPECIAL
Niçoise salad with tuna, potatoes, beans, egg, onions and olives approx 391.3 cal. / Tuna: Thailand	Black tiger shrimp salad with avocado, cottage cheese, tomatoes and dill approx 287.3 cal. / Shrimps:	High protein salad with avocado, egg, chickpeas, cherry tomatoes and flaxseed approx 469.9 cal.	Rainbow asparagus salad with beef, onions, radish, celery and chives approx 346.7 cal. / Beef:	Feta and melon salad with blueberries, croutons and mint approx 510.6 cal.
9.90	Vietnam 9.90	9.90	Switzerland 9.90	9.90
		SOUP		SOUP
Carrot, ginger and coconut soup approx 91.9 cal.	Vegetarian minestrone approx 184.8 cal.	Vegan sweet pepper soup approx 66.4 cal.	Cream of courgettes soup approx 74.6 cal.	Cream of vegetable soup approx 77.6 cal.
3.50	3.50	3.50	3.50	3.50
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Lemon cake approx 263.2 cal. / Cake: Switzerland	Marinated strawberries approx 36.8 cal.	Chocolate and coconut trifle approx 256.0 cal.	Mango mousse approx 175.8 cal.	Apple tiramisu approx 205.4 cal.
3.50	3.50	3.50	3.50	3.50

Opening hours: Monday - Friday: 07.00 - 16.00, lunch service: 11.30 - 14.00. | All prices in CHF incl. VAT.

Legend Icons: Gluten-free, lactose-free, vegetarian (1 sheet), vegan (2 sheets), Smart Eating