

Staff restaurant Eldora - Glencore Green Market Bistro / Green Market Bistro

Monday, 19. May	Tuesday, 20. May	Wednesday, 21. May	Thursday, 22. May	Friday, 23. May
SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: 2.50	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: 2.50	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: 2.50	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: 2.50	SALAD BAR Daily fresh raw vegetable and green salads with various toppings and dressings pro 100 Gramm: 2.50
HOT SANDWICH Maggia ciabatta filled with Mortadella, ricotta, rocket and pistachios <i>approx 649.1 cal. / Bread: Switzerland Mortadella (pork): Switzerland</i> 9.80	HOT SANDWICH Spelt ciabatta filled with Brie, tomato pesto, walnuts, butter and spinach <i>approx 999.5 cal. / Bread: Switzerland</i> 9.80	HOT SANDWICH Focaccia filled with Meat loaf, sauerkraut, sweet mustard and fried egg <i>approx 663.1 cal. / Bread: Switzerland Swiss meat loaf (pork): Switzerland</i> 9.80	HOT SANDWICH Maggia ciabatta filled with Grilled aubergine, Ajvar sauce, rocket, grated cheese, cherry tomatoes and cream cheese <i>approx 530.2 cal. / Bread: Switzerland</i> 9.80	HOT SANDWICH Spelt ciabatta filled with Breaded ice flounder fillet, tartar sauce and spinach <i>approx 617.0 cal. / Bread: Switzerland Ice flounder: Northeast Pacific</i> 9.80
DAILY SALAD SPECIAL  Feta and melon salad with blueberries, croutons and mint <i>approx 511.8 cal.</i> 9.90	DAILY SALAD SPECIAL  High protein salad with avocado, egg, chickpeas, cherry tomatoes and flaxseed <i>approx 469.9 cal.</i> 9.90	DAILY SALAD SPECIAL Chef's salad bowl with ham, Gruyere cheese, free-range egg, cucumber, cherry tomatoes and red onions <i>approx 430.2 cal. / Ham (pork): Switzerland</i> 9.90	DAILY SALAD SPECIAL Asian chicken and mango salad with chicken, mango, cucumber, carrots and mung beans <i>approx 235.0 cal. / Chicken: Switzerland</i> 9.90	DAILY SALAD SPECIAL Chicken Caesar salad with chicken, bacon, croutons and Grana Padano <i>approx 429.8 cal. / Chicken: Switzerland, Bacon (pork): Switzerland</i> 9.90
SOUP  Cream of sweet potato soup <i>approx 156.7 cal.</i> 3.50	SOUP  Celery and apple soup <i>approx 134.0 cal.</i> 3.50	SOUP Mulligatawny soup Curry soup with chicken and rice <i>approx 101.0 cal. / Chicken: Switzerland</i> 3.50	SOUP  Cream of asparagus soup <i>approx 72.3 cal.</i> 3.50	SOUP  Cream of vegetable soup <i>approx 77.6 cal.</i> 3.50
DESSERT  Marinated kiwi 3.50	DESSERT  Pastel de Nata 3.50	DESSERT  Graubünden nut trifle 3.50	DESSERT  Matcha mousse 3.50	DESSERT  Lemon crème with blueberries and crunch 3.50

approx 64.2 cal.

*approx 158.7 cal. / Pastel de
Nata: Portugal*

approx 433.5 cal.

approx 328.5 cal.

approx 160.5 cal.

3.50

3.50

3.50

3.50

3.50

Opening hours: Monday - Friday: 07.00 - 16.00, lunch service: 11.30 - 14.00. | All prices in CHF incl. VAT.

Legend Icons: Gluten-free, lactose-free, vegetarian (1 sheet), vegan (2 sheets), Smart Eating