

## Staff restaurant Eldora - Glencore Green Market Bistro / Green Market Bistro

Monday, 04. March	Tuesday, 05. March	Wednesday, 06. March	Thursday, 07. March	Friday, 08. March
<b>SALAD BAR</b> Daily fresh raw vegetable and green salads with various toppings and dressings	<b>SALAD BAR</b> Daily fresh raw vegetable and green salads with various toppings and dressings	<b>SALAD BAR</b> Daily fresh raw vegetable and green salads with various toppings and dressings	<b>SALAD BAR</b> Daily fresh raw vegetable and green salads with various toppings and dressings	<b>SALAD BAR</b> Daily fresh raw vegetable and green salads with various toppings and dressings
pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50	pro 100 Gramm: 2.50
<b>HOT SANDWICH</b> Maggia ciabatta filled with chicken, Grana Padano, Philadelphia, lettuce and Caesar dip <i>approx 566.2 cal. / Chicken: Switzerland</i>	<b>HOT SANDWICH</b> Spelt ciabatta filled with Bufalo mozzarella, grilled vegetables, pesto and rocket <i>approx 557.1 cal.</i>	<b>HOT SANDWICH</b> Focaccia filled with roast beef, horseradish cantadou, cornichons and rocket <i>approx 554.1 cal. / Beef: Switzerland</i>	<b>HOT SANDWICH</b> Maggia ciabatta filled with Grilled aubergine, ajvar, rocket, grated cheese, cherry tomatoes and Philadelphia <i>approx 529.3 cal.</i>	<b>HOT SANDWICH</b> Spelt ciabatta filled with Jerk salmon, pea guacamole, yoghurt dip and spinach <i>approx 546.2 cal. / Salmon: Norway</i>
9.80	9.80	9.80	9.80	9.80
<b>DAILY SALAD SPECIAL</b>   Black tiger shrimps salad with avocado, cottage cheese, tomatoes and dill <i>approx 314.0 cal. / Shrimps: Vietnam</i>	<b>DAILY SALAD SPECIAL</b>   High protein salad with avocado, egg, chickpeas, cherry tomatoes and flaxseed <i>approx 481.7 cal.</i>	<b>DAILY SALAD SPECIAL</b>   Lamb's lettuce with egg, fried mushrooms and croutons <i>approx 348.8 cal.</i>	<b>DAILY SALAD SPECIAL</b>    Buddha Bowl with falafel, quinoa, avocado, tomato, cucumber, carrots, salad spinach, tahini dip <i>approx 809.5 cal.</i>	<b>DAILY SALAD SPECIAL</b>  Sausage Salad with Sternenberger cheese, gherkins and free-range egg <i>approx 712.7 cal. / Sausage (Pork): Switzerland</i>
9.90	9.90	9.90	9.90	9.90
<b>SOUP</b>   Wild garlic cream soup <i>approx 105.8 cal.</i>	<b>SOUP</b>  Roasted semolina soup <i>approx 131.4 cal.</i>	<b>SOUP</b>    Vegan tomato soup <i>approx 111.2 cal.</i>	<b>SOUP</b>   Beetroot cream soup <i>approx 97.3 cal.</i>	<b>SOUP</b>   Vegetable cream soup <i>approx 82.9 cal.</i>
3.50	3.50	3.50	3.50	3.50
<b>DESSERT</b>    Marinated kiwi <i>approx 68.6 cal.</i>	<b>DESSERT</b>  Banana and chocolate cake <i>approx 337.5 cal.</i>	<b>DESSERT</b>   Vanilla cream <i>approx 156.7 cal.</i>	<b>DESSERT</b>  Grisons nut trifle <i>approx 433.6 cal.</i>	<b>DESSERT</b>   Sweet cider cream with roasted almonds <i>approx 170.3 cal.</i>
3.50	3.50	3.50	3.50	3.50

Opening hours: Monday - Friday: 07.00 - 16.00, lunch service: 11.30 - 14.00. | All prices in CHF incl. VAT.

Legend Icons: Gluten-free, lactose-free, vegetarian (1 sheet), vegan (2 sheets), Smart Eating